

Volunteer Application

Last Name First Name M.I. Date of Birth

Mailing Address City State Zip Code

Email Address Cell Phone Home Phone

How do you prefer to be contacted? *(circle one)* Email Cell Phone Home Phone

Do you have any special skills or interests you would like to share with us?



In case of EMERGENCY, whom should we contact?

Name Phone Relationship

Please list two personal REFERENCES we may contact:

Name Phone Relationship

Name Phone Relationship

Relevant Work or Volunteer Experience:

Organization	Role	Date Range



Volunteer Opportunities

Volunteer Roles — Mark Those That Interest You!

Volunteers are integral to MountainStar achieving its mission! We look forward to visiting with you.

- Classroom Volunteers:** Interact with children in therapeutic classes. Requires positive attitude, sense of humor, patience, and physical ability to interact with the children. Shifts are once per week (M-TH) from 9-12 or 1-4. If you want to volunteer in the classroom but are unable to commit to a regular scheduled time, we are in need of substitute classroom volunteers too.
- Office Helpers/Special Projects:** Help with projects around the office or from your home. Projects include making posters, art projects, filing, and more. Requires ability to follow instructions, creativity, and attention to detail. Times and length of projects vary.
- Community Outreach/Events:** Become an official advocate, represent MountainStar at community events. Requires personable and approachable demeanor, ability to lift/carry/set up items. Help with our events or create your own! Requires interest and/or experience in fundraising. Shifts vary.
- Board of Directors:** Elected Board Members govern the organization and contribute to its leadership and development. Requires leadership skills and ample time to dedicate. Meetings are once per month for two hours, not including separate committee meetings.
- Interns:** Unpaid internships are available within our therapeutic classes and development (fundraising/marketing) department. Requires interest in the relevant area, association with a college course of study, and dependability.
- Share Your Expertise:** What is your niche? Photography, marketing, gardening, or...? Contact us to explore how you can support the children and families we serve at MountainStar.

Where Will You Volunteer? Bend ___ Madras ___ Prineville ___ La Pine ___



Days and Times You Are Available:

Monday ___AM ___PM Tuesday ___AM ___PM Wednesday ___AM ___PM Thursday ___AM ___PM Friday ___AM ___PM Weekends ___

This institution is an equal opportunity provider.

Questions? Call 541-322-6820 or email us at volunteer@mtstar.org
Return this form to volunteer@mtstar.org or mail to 2125 NE Daggett Ln, Bend, OR 97701